The Human Advantage in Healthcare:

Why Patients Trust People * Over Al





Introduction

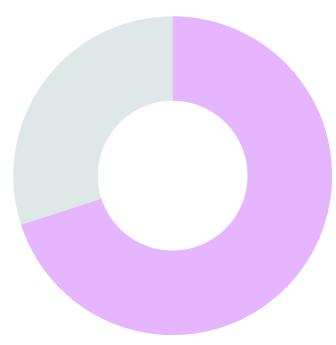
Technology continues to transform healthcare, but when it comes to communication, it's the human hello that patients value most.

To understand more about how people feel about Al in patient communication, WellReceived partnered with OnePoll on a study of 6,000 consumers across the U.S., Canada and the U.K. Across every age group, demographic, and region, the message was clear: patients prefer peoplefirst service.

Our findings reveal:







89%

of patients prefer speaking to a real person when contacting a medical practice. 83%

have actively requested to bypass AI tools to speak with a human.

70%

believe human agents show more empathy and care.

These results show more than a preference; it's a matter of building trust from the start of their patient journey. All may improve efficiency, but healthcare isn't a transaction. It's a relationship.

Patients Want People

When patients call a healthcare practice, they don't just schedule an appointment. They share personal concerns, ask vulnerable questions, and look for reassurance.

When contacting the following types of businesses, would you rather speak to a real person, or Al?





Part One

85%

have asked to speak to a person instead of a bot.

Have you ever requested to speak to a real person instead of an Al agent or chatbot?

69% multiple times

14% once

17% never



people would hang up if connected to an Al system.



Part One

report that Al tools fail to understand their needs.

While Al tools can handle basic queries, they struggle to recognise emotion, urgency, or fear. In healthcare, that gap matters.

What Practices Can Do

- Prioritise human reception for first contact.
- Use Al tools only to support, not replace, people.
- Measure patient satisfaction against sentiment, reviews and loyalty.



Part Two

Empathy is the one quality people don't believe Al can replicate.

47%

do not trust AI to relay accurate information

70%

said human agents show more care and empathy than automated systems.



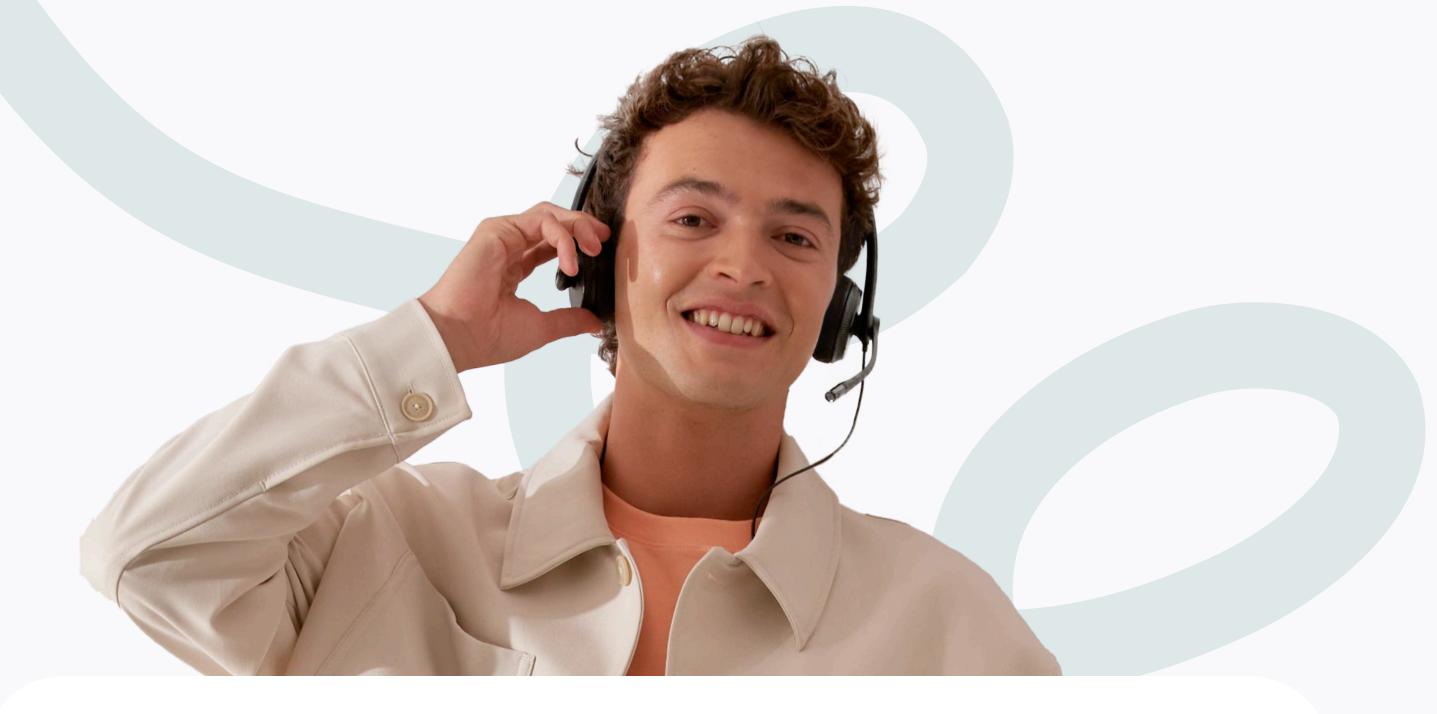
Part Two

Empathy Builds Trust

A calm, compassionate voice can reduce anxiety, increase trust, and strengthen adherence to medical advice.

What Practices Can Do

- Train staff in empathetic listening and calm communication.
- Ensure every patient-facing interaction reflects your practice's care values.
- Collect feedback on patient service, including on tone, warmth, and clarity.



Human connection has a direct impact on the success of your practice as well.

59%

are more likely to leave a positive review after speaking to a real person.

63%

do not trust AI to relay accurate information.



Part Three

The Risks of Al-Only Communication

Patients expect confidentiality and compassion from their healthcare provider. Al tools can misinterpret tone, mishandle sensitive data, or fail to detect distress—all of which can have real consequences for patient wellbeing.

less if most of their communication were handled by Al.

86%

of people believe it should be clearly indicated when they are interacting with Al rather than a real person.

47%

say they would trust a provider

What Practices Can Do

- Keep people at the heart of patient communications.
- Offer clear transparency on when Al is used.
- Use automation only for administrative efficiency, never emotional engagement.

are uncomfortable with Al accessing or analysing their personal data.

60%

Part Four

Balancing Innovation with Care

Technology can empower human medical teams, freeing them to focus on patient care. But it needs thoughtful consideration.

WellReceived helps practices balance efficiency and warmth, offering:





24/7 live receptionists

who understand patient communication.



HIPAA-compliant systems

for data safety and accuracy.



Seamless technology

to manage your practice on-the-go.

Keeping People in the Picture

The study's results are clear. Patients don't want healthcare to feel automated, and will reward practices who show them they care from the very first interaction. This care, this empathy, is what sets healthcare apart, and it's what patients truly value.

Healthcare has always been about people helping people. Practices that prioritize keeping healthcare human will not only foster stronger patient relationships but also future-proof their business for decades to come.







Empathy is a strange and powerful thing. There is no script. There is no right way or wrong way to do it. It's simply listening, holding space, withholding judgement, emotionally connecting and communicating that incredibly healing message of "You're not alone".

- Brené Brown



Start delivering patient Care with a human hello today.

Book a consultation